

Trailer Park Boy denies assault

Mike Smith released on $20K bail in L.A.

metroNEWS

mix 96.5 FM

90s to now

Yup.
The music's better now.

Halifax metro

MUSIC AWARDS

Juno this rising star?

metroLIFE



Your essential daily news | MONDAY, APRIL 4, 2016

High 2°C/Low -6°C Partly cloudy



HALIFAX HEROES

STUDENT OF GIVING

Maria Samman donates hours each week to her community, and the Vimy Foundation noticed

metroNEWS

More police needed: Union

VIOLENCE

Safety at bridge terminal in question after driver assaulted



Zane Woodford
Metro | Halifax

The head of the union representing Halifax Transit drivers is calling on the municipality to increase the police presence at the Dartmouth bridge terminal after a driver was assaulted last week.

Two people — one of whom was a 46-year-old uniformed bus driver who had just finished a shift — were allegedly punched and kicked by a pair of teen boys at the bus terminal Thursday night. The teens were arrested and are expected to appear in court at a later date.

ATU president Ken Wilson said Sunday he wouldn't comment on the details of the incident because investigations by Halifax Transit and police are still ongoing.

"We're just asking for a stronger police presence at the bridge terminal due to the fact that there's over 22,000 people there a day," he said.

Wilson said that because the bus driver wasn't at the wheel at the time, he doesn't think this incident is about safety for drivers as much as it is for the general public.

"It speaks to the degree of violence that can occur at the bridge terminal any day of the week," he said.

Wilson said Halifax Regional Police should have a community policing office at the bus terminal to provide a presence at the terminal that he thinks would act as a deterrent to this kind of violence.

"They do have security, but security can't get involved. All they can do is call for police. They have video cameras, but that's only good after the fact, it's not going to stop or deter it from happening," he said.



Do your life justice.

Career training for Correctional Worker & Policing Foundations or Paralegal in just 14 months.

The only college to use FATS® L7 virtual firearms training simulator and official PARE and COPAT training equipment.

Apply now to start in September

SC Success College
Get Ready.

Ask about our TUITION PLEDGE

Correctional Worker and Policing Foundations | Paralegal Plus

successcollege.ca 902.865.8283

metro NEWS

Your essential daily news

Poll shows Canadians finding it harder to feed their families. **Business**



Justin Trudeau takes time out with a fan at the Halifax Seaport Market on Saturday. REBECCA DINGWELL/FOR METRO

Trudeau comes to town

POLITICS

PM snaps selfies, pumps up Liberals on one-day visit



Rebecca Dingwell
For Metro | Halifax

It's not unusual for the Halifax Seaport Market to be crowded on a Saturday morning, but this was especially full.

For the first time since the federal election, Prime Minister Justin Trudeau paid Halifax a visit.

Although Trudeau came here on business — attending the Nova Scotia Liberal Party annual general meeting — he took some time to make a stop at the market, shake some hands and snap some selfies.

> **He looked like he was having a great time and people loved it.**
> Maria Rose

This was much to the excitement of Krista Luttmer who regularly attends the market with her family. She decided to extend the weekly grocery trip for a chance to see the prime minister.

"We're really pleased with the changes he's making to the way our federal government is run," she said before Trudeau arrived. "We'd love to see him."

As for her reasons for supporting his politics, Luttmer said, "It's a pretty long list."

She pointed to Trudeau's stance on the environment, women's issues and indigenous issues.

When the prime minister did arrive, it was pandemonium. He was greeted with applause and cheering — even some tears.

The crowd was slow-moving, but Trudeau stopped to talk with fans as well as vendors. Elizabeth Pearce, who was working the Grand Pré wine booth, offered him some Tidal Bay.

"I passed a sample of the wine through the crowd to him. Once he got it, he came over," said Pearce, adding that he gave her a big smile.

"I'm going to save the glass (he drank from)," she laughed.

While many people anticipated Trudeau's market visit, others were taken by surprise.

> **We figured it would be our only opportunity to meet the prime minister so we woke up at the crack of dawn.** Jillian Brown, 11

"I just came out for a regular Saturday morning market trip," said Maria Rose.

When she saw the large group of people standing outside, she assumed it was due to a tour bus.

"Someone said, "Oh my gosh, he's coming,' and I said, 'Who?'" said Rose.

"Then we came in and there was a big crowd, and (Trudeau) was in here, smiling."

Jayme Delong, however, felt the Trudeaumania people showed was too much.

"He should have some time to enjoy the market. I mean, how hard is it for us to let him have a little time?" she said. "Let him be a man."

Not long after the market, Trudeau headed back to the Westin Nova Scotia where the AGM was being held.

There, he addressed hundreds of people, acknowledging Halifax MP Andy Fillmore in the process.

"Andy is a strong voice for Halifax in Ottawa and we are incredibly lucky to have him on our team," he said.

Trudeau also spoke of Geoff Regan, the first speaker of the house from Atlantic Canada in over 100 years.

"We really can't believe we waited so long to put a Nova Scotian in charge of the place."



Justin Trudeau gives back a crying baby. ANDREW VAUGHAN/ THE CANADIAN PRESS

HEALTH

Premier requests funds for hospital

Nova Scotia's premier says he has asked Prime Minister Justin Trudeau for funding to replace Halifax's trouble-plagued Victoria General Hospital.

Stephen McNeil said he spoke with Trudeau about the hospital during a one-on-one meeting Saturday at the provincial Liberal party's annual general meeting in Halifax.

McNeil said he told Trudeau that the hospital is Atlantic Canada's largest cancer treatment facility and a major health-care provider in the region.

"We know that this is the hub. This is where specialized services are delivered," said McNeil just after his meeting at a hotel in downtown Halifax.

"But there's also lots of room for the federal government on innovation. When it comes to cancer treatment and other specialized treatments that we have here, the federal government could play a role in helping us make sure that we secure and can deliver the high-quality public health care that Nova Scotians have come to expect."

Public pressure has been building to replace the aging structure, which has been plagued by a series of problems including floods, heating issues and an infestation of bedbugs.

The provincial government set aside $26.5 million for hospital improvements and equipment purchases in its 2016-17 capital budget announced earlier this year, which includes $1.5 million for planning around the relocation of services from the Victoria General.

McNeil said he and Trudeau also discussed immigration issues on Saturday, notably an increase to the provincial cap on accepting immigrants.

"Our population is at an all-time high this year, which is a wonderful thing, and that's through immigration," he said.

THE CANADIAN PRESS



Justin Trudeau and Premier Stephen McNeil. ANDREW VAUGHAN/THE CANADIAN PRESS

Fairy-tale wedding themes

The second annual Bespoke Wedding Event brought together more than 50 collaborators in the Halifax wedding industry to showcase their skills at the Lord Nelson Hotel. Expanded from last year, the event featured eight rooms done up in different themes, this year including rooms from Cinderella to Beauty and the Beast.





Jeff Harper
Metro | Halifax

1 Cinderella room — Bride Model Maddison Wilson sits in a Cinderella themed room at the Bespoke Wedding Event Sunday at the Lord Nelson Hotel.

2 Alice in Wonderland room — Bride model Debra Pankhurst stands inside a room for brides who are late for an important date.

3 Snow White room — Visitors to the Bespoke Wedding Event check out a room for whistling while you work, or while you wed.

4 Sleeping Beauty room — A cake from Wild Cake sits ready for anyone who's just had a good long nap.







VEO
Valuing Women - Working for Change



Women's Employment Outreach
Providing Exceptional Service to Women for Over 35 Years

Through individual counselling and employment related workshops, we help women in HRM to research & discover new career paths; prepare for employment; and search for jobs. ALL SERVICES ARE FREE!

Funded through the Canada-Nova Scotia Labour Market Development Agreement under the direction of Employment Nova Scotia, and sponsored by Women's Employment and Advocacy Society

Canada

UPCOMING WORKSHOPS INCLUDE:

Addressing Bullying in the Workplace (3 sessions) April 27, & May 4, 11

Career Decision Making (5 sessions) May 10, 17, 24, 31, & June 7

Confidence Building (3 sessions) May 12, 19, & 26

Job Search Working Sessions April 12, 14, 19, & 21
*Participants may attend any or all sessions

Racially Visible Women in the Workplace: Body, Mind & Spirit April 7

Explore Opportunities with the Canadian Armed Forces May 5

We are here to help. Let our staff assist you! | 1888 Brunswick St | Suite 807 | Halifax | 902-422-8023 | Mon-Fri 8:30-4:30 | womensemploymentoutreach.org

Refugee influx strains local schools

RESETTLEMENT

More funding required for language help, teachers say



Halifax schools are looking at ways to make the transition for their refugee students as smooth as possible. THE CANADIAN PRESS

In a bustling classroom filled with streams of Arabic and English, two brothers are studies in concentration as they write out the fairy tale of Little Red Riding Hood.

Ahmad, 10, and Mohamad Al Marrach, 9, are among 41 Syrian children who arrived at Joseph Howe Elementary School in February, suddenly expanding the small, inner-city school's population by a third from its existing 146 students.

The bright, colourful classroom — its name was recently added in Arabic on the door — is the end of a long journey for the brothers. They recall moving quickly with their parents when bombs started falling on their town, and prefer their new school to one that occasionally lost power in Lebanon.

Now, they and their fellow refugees face a fresh set of challenges, including complete and sudden immersion in an unknown language.

It has created demands on the school system that teachers' unions and school boards say should draw added funding from provincial and federal governments.

Julie Jebailey, the school's only Arabic-speaking teacher, translates as Mohamad talks about his new life. "Sometimes English is hard," he says.

Across the country, schools are accepting thousands of refugee children who are grappling with a new language and, in some instances, attending school for the first time after leaving camps in the Middle East.

Shelley Morse, president of the Nova Scotia Teachers Union, says with 316 Syrians expected in the Halifax board's schools this year, she's hearing from teachers who are struggling.

"What we've been hearing is the teachers are working really hard to ensure a good transition, but the problem is the resources and funding aren't necessarily in place for that," she said in an interview.

Melinda Daye, the chair of the Halifax school board, said schools are just beginning to discover the kinds of needs the children may require, ranging from teacher assistants to speech language pathologists.

"It can't be absorbed within existing budgets. We need help," she said.

At Joseph Howe school, the Grade 1 and 2 class where the Al Marrach boys are immersed has seen a rapid transition.

"I can get along. It was a hard transition at first," says classroom teacher Kimberly Sparks, as she takes a brief break from teaching her existing, younger students basic literacy skills, while Jebailey and Shelley Manthorne, an English-as-an-Additional-Language teacher, work with the Syrians.

However, Manthorne and Jebailey have to move between classrooms, and often Sparks' main assistance comes from Arabic-speaking volunteers.

Another teacher at the school, speaking on the condition of anonymity, said she would prefer a system like Alberta's, where students are first given literacy programs in a separate program to prepare to enter the mainstream.

"As a language teacher myself I know it takes up to a year to catch up ... but I don't know if we have the resources to do that," said the teacher.

THE CANADIAN PRESS

TRACKING COSTS

Schools monitor needs

Doug Hadley, a spokesman for the Halifax school board, said most of the roughly 316 Syrian children are spread around 30 schools and in many instances it means an addition of two or three children to a class — not enough for the hiring of a new teacher.

However, he said the board is keeping track of the costs and the need for resources and will pass it along to the province.

A spokesperson for the Nova Scotia government declined comment on what assistance will be provided to schools.

At Joseph Howe school, teacher Kimberley Sparks said she's started a checklist each day to ensure she's spending time with each child and keeping track of their needs.

"It's busy. It is busy," she said, "but I enjoy coming in every day." METRO

POLICE PRANK

The Mounties always get their groundhog

An April Fool's Day prank had Mounties at one Nova Scotia detachment reporting the arrest of famed groundhog Shubenacadie Sam.

Colchester District RCMP posted pictures on the Mounties' website showing an officer knocking on the front door of Sam's tiny house at the Shubenacadie Provincial Wildlife Park.

They said they arrested the rodent on a charge of public mischief because he said spring would come early in Nova Scotia, and it didn't.

Constable Dal Hutchinson was quoted as saying — apparently with a straight face — that "even on April Fool's Day, rodents can appear in court."

THE CANADIAN PRESS

Notice of Annual Meeting

Halifax International Airport Authority will hold its Annual Meeting at:

10:00 a.m. on Thursday, May 5, 2016
Halifax Robert L. Stanfield International Airport, Terminal Building, Public Observation Deck *(Access via elevators in Main Lobby)*

RSVP by May 1, 2016 to 902.873.1150 or communications@hiaa.ca

HALIFAX STANFIELD INTERNATIONAL AIRPORT

AWARENESS

Cheeky event raises funds for prostate cancer

Brenlee Brothers
For Metro | Halifax



Two models don themed shorts at the Pants Off For Cancer media launch. The fundraiser is scheduled for April 21. BRENLEE BROTHERS/ FOR METRO

When David Lothian was diagnosed with prostate cancer a few years ago, he thought his life was over.

"I was overwhelmed with the stigma that's attached to this disease and the misinformation that surrounds it," he said on Friday at a 'Pants Off For Prostate Cancer' media launch.

Before his surgery, he said the surgeon looked him in the eyes and told him, "You've done your part with the early detection, now I must do mine."

Now cancer free, Lothian is vice president for the Prostate Cancer Canada Atlantic Advisory Council in Halifax. He can't stress enough the importance and urgency of early detection.

Earl Lucas is also a prostate cancer survivor. As a member of Blacks in Nova Scotia (BINS), a prostate cancer support group, he says oftentimes when men are diagnosed with prostate cancer, they don't know what it is, or who to talk to.

"They can come to our group and we can sit down and talk about it," he said Friday.

The group meets the last Wednesday of every month, except July and August, at Hammonds Plains Community Centre.

One in eight men will be diagnosed with prostate cancer during his lifetime. But the advisory council says with awareness and early detection a survival rate of more than 90 per cent brings hope.

EVENT DETAILS

The Stansfield's Pants Off For Prostate Cancer laundromat-themed party takes place 7 p.m. April 21 at Murphy's Cable Wharf. Tickets $50. Proceeds benefit Prostate Cancer Canada, Atlantic region.

HALIFAX HEROES Ordinary people doing extraordinary things!

‘Seeing a smile’ is the reward

GIVING BACK

Teen’s efforts recognized by the Vimy Foundation



Yvette d’Entremont
Metro | Halifax



Maria Samman, 16, who has been actively volunteering in her community since Grade 7, poses for a portrait inside Sacred Heart school last week. JEFF HARPER/METRO

This past weekend Maria Samman set off on the trip of a lifetime, a trip she earned by devoting many volunteer hours in her community.

The Vimy Pilgrimage Award is a Vimy Foundation program recognizing the actions of young people “who demonstrate outstanding service, positive contribution and leadership in their communities.”

Out of hundreds of applicants from across the country, the 16-year-old Sacred Heart student was one of only 19 selected from across Canada to participate.

The fully funded, week-long educational program in France and Belgium runs from April 3-11 and will allow students to study and learn more about Canada’s First World War effort.

“I’m excited about many things, but the obvious one is the Vimy Ridge Memorial because... the experience from reading about it is completely different from the experience of actually witnessing it for yourself,” Samman said in a recent interview.

“Walking in the same trenches where soldiers were stuck for weeks on end, to walk there and know they were there almost 100 years ago, I know it’s going to be incredible.”

A representative from the Vimy Foundation said Samman received the Vimy award for her “outstanding contributions within her school and community.”

Since Grade 7, Samman has donated many volunteer hours to a variety of organizations and initiatives, including the IWK Health Centre where she has worked the information desk, assisted with the Read-To-Me program and has been a volunteer coordinator with its Kermesse fun fair.

“It was an amazing experience at the information desk. It was eye-opening. You see people in very stressful situations in their lives and you get to help them,” she said.

“This is me giving back to my community that has helped me so much. I have had to go to the IWK and was welcomed with kindness and I wanted to be able to do that for other people who were in the position I may have been in.”

She has also volunteered at Ronald McDonald House, served as a volunteer junior counsellor at Dalhousie University’s summer camps and volunteered at the Keshen Goodman Public Library where she helped young children with the summer reading program.

Samman is also one of two volunteer coordinators at her high school, where she highlights opportunities for students to get involved in initiatives that range from helping at the school’s Christmas fair to serving at the St. Andrew’s United Church Sunday suppers.

“Going to these higher grades, so much focus has shifted to academics. Getting good marks, university applications coming soon, and so I wanted something to completely take my mind off of that,” she said of her decision to become a volunteer coordinator.

“I wanted to do something that wasn’t for myself and I wanted to take the leadership skills that I’ve built over the past few years and put them into good work.”

Samman enjoys working with the CIBC Run for the Cure each year and has helped with the Kids Help Phone Walk in Halifax. She also held the position of volunteer coordinator for the Runway Run for the Lung Association of Nova Scotia.

“I started helping with the preparation, like the set up and tear down of these events and of course it’s a lot of fun, but just to see how much fun people are having because of what we are doing was great,” she said.

“Things like passing out water cups to the runners to keep them going, to keep them motivated and to encourage them. Passing out flowers to the cancer survivors at the CIBC Run for the Cure was a profound experience. It really was incredible to have the opportunity to do that.”

Samman is also a French language tutor and a safe arrival program volunteer at her school. She said even when she graduates from high school next year, she’ll continue to volunteer in the community.

“I think it’s the appreciation that the people have who are receiving the benefits of what I do that makes it so worthwhile for me,” Samman said.

“Seeing a smile on someone’s face is enough to motivate me to keep going.”

NOMINATIONS

Each Monday, we will profile an unsung volunteer hero in our community as part of Halifax Heroes. To nominate someone, email philip.croucher@metronews.ca, Metro Halifax’s managing editor, or Tweet @metrohalifax using the hashtag #Halifaxheroes.

Every transition is an opportunity, regardless of your stage of life.

With the right preparation, a new home can provide the fresh start and continual enjoyment you’ve been working toward. SRES® designees, like me, specialize in meeting the needs of home buyers and sellers 50 plus.



Michael.Sears@BryantRealty.ca
REALTOR® SRES® 902-225-5050

Bryant Realty Atlantic

Proud Supporter of BRIGADOON

To download my free App, text michaelsears to 85377

Not intended to solicit properties currently under contract.

EAST PRESTON

Police launch probe following shooting



Rebecca Dingwell
For Metro | Halifax

Police are investigating a shooting they believe happened early Saturday morning in East Preston.

At around 1:30 a.m., Halifax RCMP responded to a report of a patient admitted at Dartmouth General Hospital with a gunshot wound.

Police say a preliminary investigation has determined a 27-year-old man was shot near a residence on Highway 7 in East Preston. He sustained non-life-threatening injuries and received treatment.

Police will only say they are in the early stages of their investigation.

TIPS

Police ask anyone with information on this shooting to call Halifax RCMP or Nova Scotia Crime Stoppers.

DARTMOUTH

Woman hit by truck in McD's drive-thru

A woman was hit by a truck in the drive-thru of a Dartmouth McDonald's Saturday night.

Halifax police say a 23-year-old man driving a truck was leaving the drive-thru when he hit a 52-year-old woman who was leaving the McDonald's on Main Street just after 9 p.m.

The victim was taken to hospital with non-life-threatening injuries to her leg.

Police say their investigation is ongoing. METRO

MILLBROOK

Man suffers serious injuries in stabbing

A young man was stabbed in Millbrook early Sunday morning.

Nova Scotia RCMP say they responded to a call of a stabbing in a home on Martin Crescent at about 2:19 a.m. They say a 22-year-old man had been stabbed by an unknown man who had been in the home.

The victim was taken to hospital with what police are calling serious injuries. METRO

Mike Smith denies assaulting woman

CHARGE

'Bubbles' actor was arrested, charged in L.A.

Mike Smith, better known as Bubbles from the Trailer Park Boys, denies committing a misdemeanour offence for which he has been charged in the U.S.

Los Angeles police records show that the Nova Scotia native was arrested early Friday morning, and has been released on $20,000 bail.

Police haven't released details of the charge against Smith, but he has issued a news release in which he denies assaulting a woman.

"At no time did I assault her. I am not guilty of the misdemeanour charged against me," Smith said in a written statement, adding the woman who he is alleged to have assaulted is a friend of his.

The statement, released by the show's publicist, also included quotes from the woman said to be the victim saying that the incident was misconstrued by witnesses and there was no real danger.

Smith is best known for his role in the cult comedy Trailer Park Boys, about three men who live in a trailer park.

The 10th season of the show recently debuted on Netflix.

Smith will return to a L.A. court on April 29 to face the charge. THE CANADIAN PRESS



Actor Mike Smith, seen above arriving in character as Bubbles for the Canadian premiere of the film Trailer Park Boys Countdown to Liquor Day in 2009, has been charged with a misdemeanour offence in the U.S. DARREN CALABRESE/THE CANADIAN PRESS

REACTION FROM GHOMESHI ACCUSER

Co-star Lucy DeCoutere resigns from show

Lucy DeCoutere says she has resigned from Trailer Park Boys just hours after one of its principal actors denied assaulting a woman in the U.S.

DeCoutere, who co-stars in the show, testified against Jian Ghomeshi in the former CBC host's highly-publicized sexual assault trial.

Posts on DeCoutere's Twitter account said she was resigning from the show, saying it was linked with the allegation against Mike Smith, adding she had spoken with both her co-star and the alleged victim.



Lucy DeCoutere
CHRIS YOUNG/THE CANADIAN PRESS

The tweets saying the departure was linked to the allegation against Smith and that she had talked to her costar and the alleged victim no longer appeared on her Twitter account late Saturday.
THE CANADIAN PRESS



POLICE

Man chased young girls: Report

Police are investigating reports of a suspicious male who approached and chased two young girls in Lakeside early Thursday evening.

In a news release, Halifax District RCMP said the two girls were approached by a man in a truck at about 6:30 p.m. on North Green Road in Lakeside.

The man slowed his truck and approached the girls, ages 11 and 12. He then chased them on foot for a short distance.

The girls hid near a house and the man left in his vehicle.

The man was driving a dark-coloured pickup with a regular cab and tinted windows. The truck had no licence plate at the time of the incident.

The man was alone in his vehicle. He had short brown hair and is described as being about 30 years old. He was wearing a black jacket and black sunglasses. METRO

CHASE THE ACE

Waitress cashes in $263K ticket

A 73-year-old Sydney woman who has waited on tables for 40 years is the lucky holder of a winning ticket worth more than a quarter of a million dollars.

Pam Lesnick, who has attended every draw since the Ashby legion Chase the Ace game began last May, was on the lower level of the legion when she learned that one of her tickets was drawn and was worth $263,170.

Then, as she stepped onto the stage, she was cheered and applauded by supportive well-wishers who urged her to draw the ace of spades. However, with just eight cards remaining in the deck Lesnick turned over the queen of hearts, which meant the $1,628,660 jackpot carries over to next week's draw when it is expected to exceed $1.9 million.

That would make it the richest jackpot in the game's four-year history in Nova Scotia. Last October, Englishtown's Donelda MacAskill took home more than $1.7 million at the Inverness Chase the Ace. TC MEDIA

Big bucks not a road to victory

EXPENSES

Money doesn't guarantee election results, analysis shows

Money can't buy you votes.

Or so it would seem, according to campaign financial reports filed with Elections Canada by the men and women who were seeking a House of Commons seat in last fall's federal election.

More often than not, the biggest spenders did not win on Oct. 19, an analysis by The Canadian Press indicates.

And while spending big bucks didn't necessarily guarantee victory, not spending enough to at least stay competitive with rival candidates was an almost certain path to defeat, the analysis shows.

Of the top 100 spenders in the election, 57 failed in their election bids, with 12 of those losing to a competitor who also cracked the top 100.

The results among the top 50 spenders were even worse, with about three-fifths of them — 31 candidates in all — running unsuccessfully. Of those, six lost to another candidate in the top 50.

The analysis is based on expenses reported by candidates that counted as part of their legal spending limits. It did not include personal and other expenses — like gas and mileage for a personal vehicle, child care or thank-you receptions for volunteers — which must be reported to Elections Canada but don't count against the spending cap.



Prime Minister Justin Trudeau at Liberal party headquarters in Montreal after winning the election. An analysis shows that the biggest spenders did not win on Oct. 19. THE CANADIAN PRESS FILE

The analysis may help explain why the marathon 11-week campaign came down to a battle between the better-resourced Liberals and Conservatives, with the NDP and Greens squeezed out.

On average, Conservative candidates spent $90,665, outpacing the average $71,660 spent by Liberals. The average New Democrat candidate spent just $54,404 while the average Green spent a measly $12,642.

University of Manitoba political scientist Royce Koop said there's no doubt money can help a candidate win, particularly in a close-fought riding.

"If you run a good campaign, well-funded campaign, well-staffed, you're going to be able to get just ahead of your opponent and it turns out Canadian elections are getting more competitive. We're seeing more of these competitive races, so the importance of local campaigns and local spending and local campaign workers has become more important," Koop said.

Candidate spending limits for the 2015 campaign varied from riding to riding, based on geographic size and population — from a high of $279,227 in Kootenay-Columbia to a low of $169,928 in Egmont. Under new election rules imposed by the previous Conservative government, the spending caps for the lengthy campaign were more than twice what they would have been for a more typical five-week federal contest.

That was widely seen as benefiting the Conservatives, whose riding associations across the country had amassed much deeper war chests.

Yet the analysis of the more than 1,500 candidate spending reports filed thus far suggests few took advantage of the increased limits.

Combined, candidates for the Liberals, Conservatives, NDP and Greens — the parties which ran full or nearly full slates in all 338 ridings across the country — were entitled to spend $296 million. Yet their actual spending fell far short: just under $63.1 million in total. THE CANADIAN PRESS

90,665
Average expenses, subject to spending limits, by Conservative candidates

71,660
Average expenses, subject to spending limits, by Liberal candidates

54,404
Average expenses, subject to spending limits, by NDP candidates

9.6M
Total amount of personal or other expenses that didn't count as part of the spending limits, reported by Liberal, Conservative, NDP and Green candidates

2.96
Lowest amount expensed by any candidate who filed with Elections Canada by Conrad Lukawski of the Rhinoceros Party in Ottawa Centre

ONLINE

Refugees search for sponsors

Muneer al Zahabi had been in Jordan for nearly three years among over half a million Syrians there crammed into apartments and camps. It was safer than sleeping in the bathtub in their house in Syria for protection from missiles.

They wanted a home in another country. But his family is five of 4.2 million refugees.

So Zahabi took things into his own hands. On the Immigration Department website, he found the list of more than 80 organizations who hold agreements with the government to facilitate the private sponsorship of refugees. And he started emailing them.

Then the Liberals were elected and promised to resettle 25,000 Syrians. Private groups working with the formal sponsorship agreement holders started springing up across the country. So Zahabi looked them up, posting his story on their Facebook pages and directly emailing the websites of others. The response was often similar — disbelief, mistrust. But late last year, something clicked.

Patricia Chartier had helped set up the email address for her Toronto-based sponsorship group. She was shocked by how many letters came directly from Syrians.

Among the emails was Zahabi's. Something drew her in, and she began trying to find someone who would sponsor his family. Zahabi does not want to get his hopes up too high. But at least someone was finally willing to listen, he said, and in Chartier, he now has a Canadian friend.

THE CANADIAN PRESS

IN BRIEF

Woman in hospital after car plunges over cliff

Fire officials in Newfoundland say a woman is in hospital after she drove her car over a rocky cliff on the shores of St. John's, NL.

St. John's platoon fire chief Rick Mackey says the woman was driving the vehicle at the Signal Hill site on Sunday around 8 a.m. when she somehow breached the gate. Mackey says she either was thrown or jumped from the vehicle as it nosedived over the rugged cliff just below Cabot Tower, coming to rest about 90 metres down the 250-metre cliff. The woman landed roughly 45 metres down the cliff face and was rescued by emergency crews.

THE CANADIAN PRESS

RISING COSTS

Rural areas struggle to fund policing

Smaller communities across the country have been grappling with what they view as an ever-increasing tax bite for policing they can barely afford.

Some say they have had to raise property taxes by as much as 20 to 30 per cent to pay for increases in police costs.

Christian Leuprecht, a professor at the Royal Military College of Canada who has studied the issue, said rising security costs are hurting communities across Canada.

"The real problem is in the rural areas," Leuprecht said. "Their tax base is stagnant. They're cannibalizing all other aspects of their budget to pay for policing."

Some communities, with their limited tax bases, are seeing upwards of 25 or 30 per cent of their total budgets go toward policing.

One hard-hit area is in rural eastern Ontario, where communities were surprised to discover they're paying tens of thousands of dollars for police service to wind turbines and cellphone towers.

The issue is especially galling, said one mayor, given his municipality's embrace of green energy.

"We've got 86 of them here so it's big numbers," said Denis Doyle, mayor of Frontenac Islands, population 2,000.

"We went out of our way to support the windmill rollout and now we feel like we've been kicked in the teeth."

THE CANADIAN PRESS



Two dead in Philly train derailment

AMTRAK

30 passengers hospitalized, officials say

An Amtrak train struck a piece of construction equipment just south of Philadelphia on Sunday causing a derailment, killing two Amtrak workers and sending more than 30 passengers to hospitals, authorities said.

Train 89 was heading from New York to Savannah, Georgia, at about 8 a.m. when it hit a backhoe that was on the track in Chester, about 15 miles outside of Philadelphia, officials said. The impact derailed the lead engine of the train that was carrying more than 300 passengers and seven crew members.

Chester fire commissioner Travis Thomas said two people were killed.

U.S. Sen. Chuck Schumer said that he was told by Amtrak board chairman Anthony Coscia that the workers killed were the backhoe operator and a supervisor, both Amtrak employees. He said debris from the crash flew into the first two cars, causing the injuries to passengers.

Schumer said it's unclear whether the backhoe was performing regular maintenance, which is usually scheduled on Sunday mornings because there are fewer trains on the tracks, or whether it was clearing debris from high winds in the area overnight. But he said Amtrak has "a 20-step protocol" for having backhoes on the track, and no trains are supposed to go on a track where such equipment is present.

"Clearly this seems very likely to be human error," Schumer said, calling for Amtrak to review its processes. THE ASSOCIATED PRESS



Amtrak investigators inspect the deadly train crash in Chester, Pa. on Sunday. THE PHILADELPHIA INQUIRER VIA THE ASSOCIATED PRESS



BRUSSELS

Airport rebounds after violent attacks

It was an emotional send-off on Sunday for a Brussels Airlines plane heading to the Portuguese city of Faro — the first passenger flight to take off from Brussels Airport since suicide bombings on March 22 ripped through its check-in counters and killed 16 people.

Airport officials suggested the first flight out was a symbolic victory over those who sowed death and hate, but said it would be months until full service is back.

Security at the airport was tight with new check-in procedures for passengers in temporary structures.

Two other planes were leaving Sunday — Brussels Airlines flights to Athens and Turin, Italy. The three flights were a test run for a European aviation hub that used to handle 600 flights a day and plans to slowly climb back to normal capacity.

Arnaud Feist, the CEO of Brussels Airport Co., said at a Saturday news conference that the three flights were a "sign of hope" following "the darkest days in the history of aviation in Belgium."

On Sunday, he thanked employees for their courage, solidarity and the "impressive work carried out in so little time."

"We are more than an airport ... We are a family more bound together than ever," he said.

Damage was extensive when double suicide bombs exploded near its crowded check-in counters 12 days ago, killing 16 and maiming people from around the world. Another bombing that day on a Brussels subway train killed 16 other people. Both attacks were claimed by Daesh.

> **"It will take time to accept what happened and more time to get over the pain.**
> Arnaud Feist

Feist said Belgium's biggest airport would gradually climb to 20 per cent of capacity in the coming days, able to process 800 passengers an hour — maximum capacity for the temporary structures. He said Saturday that he hoped full service at the airport could be restored by the end of June or beginning of July, in time for the summer vacation season.

"This is a very symbolic, also a very emotional moment for the airport community," airport president Marc Descheemaecker said. THE ASSOCIATED PRESS

IN BRIEF

After Palmyra, Syrian troops take another Daesh-controlled town

A week after taking back the historic town of Palmyra, Syrian troops and their allies on Sunday captured another town controlled by Daesh in central Syria, state media reported.

The push into the town of Qaryatain took place under the cover of Russian airstrikes and dealt another setback to Daesh extremists in Syria. THE ASSOCIATED PRESS

Rain, floods kill 45 in northwest Pakistan

Flash floods triggered by torrential rains Sunday killed at least 45 people in northwest Pakistan, officials said.

Rains started overnight Saturday and caused flash flooding in several districts of Khyber Pakhtunkhwa province, said a Pakistani national disaster management official, Latif ur Rehman. Another 34 people were admitted to hospitals with injuries, he said. THE ASSOCIATED PRESS

TINY HOMES for TINY BUDGETS

Tiny turn key homes on fully serviced lots

As low as: $89,900 | $200 bi weekly

Including Tax, Principal & Interest*

*OAC, based on 3 year fixed rate of 2.64%, 25 year amortization, 10% down payment



DEPORTATION OF MIGRANTS TO BEGIN A Syrian refugee holds a child carrying a placard reading "we ask the EU governments to help us," and a distressing claim, as refugees and migrants protest on Sunday. An agreement between the European Union and Turkey to deport migrants on Greek islands back to the Turkish mainland takes effect Monday morning. Migrants arriving in Greece will be sent to Turkey if they don't apply for asylum. For every person sent back, the EU would take in one person with a legitimate asylum request. AFP/GETTY IMAGES & THE ASSOCIATED PRESS

Data released on offshore accounts

PANAMA PAPERS

Records detail holdings of world leaders and others

An international coalition of media outlets on Sunday published what it said was an extensive investigation into the offshore financial dealings of the rich and famous, based on a vast trove of documents provided by an anonymous source.

The International Consortium of Investigative Journalism, a non-profit organization based in Washington, said the cache of 11.5 million records detailed the offshore holdings of a dozen current and former world leaders, as well as businessmen, criminals, celebrities and sports stars.

The Associated Press wasn't immediately able to verify the allegations made in articles that were published by the more than 100 news organizations around the world involved in the investigation.

However, the German newspaper Sueddeutsche Zeitung, which first received the data more than a year ago, said it was confident the material was genuine.

The Munich-based daily was offered the data through an encrypted channel by an anonymous source, said Bastian Obermayer, a reporter for the paper.

The data concerned internal documents from a Panama-based law firm, Mossack Fonseca. Founded by German-born Juergen Mossack, the firm has offices across the globe and is among the world's biggest creators of shell companies, the newspaper said.

ICIJ said the law firm's leaked internal files contain information on 214,488 offshore entities connected to people in more than 200 countries and territories.

Obermayer said that over the course of several months Sueddeutsche Zeitung received about 2.6 terabytes of data — more than would fit on 600 DVDs.

The newspaper and its partners verified the authenticity of the data by comparing it to public registers, witness testimony and court rulings, he told the AP. A previous cache of Mossack Fonseca documents obtained by German authorities was also used to verify the new material, Obermayer added.

LEAK

According to the media group's website, global banks including HSBC, UBS, Credit Suisse, Deutsche Bank and others have worked with Mossack Fonseca to create offshore accounts.

Among the countries with past or present political figures named in the reports are Iceland, Ukraine, Pakistan, Saudi Arabia and Russia.

The ICIJ said the documents included emails, financial spreadsheets, passports and corporate records detailing how powerful figures used banks, law firms and offshore shell companies to hide their assets. The data spanned a time frame of nearly 40 years, from 1977 through the end of 2015, it said. THE ASSOCIATED PRESS

HONEST. AUTHENTIC.
ATLANTIC TO OUR CORE.

QUEEN'S MARQUE

TINY HOMES for TINY BUDGETS

Tiny turn key homes on fully serviced lots

As low as: **$89,900** | **$200** bi weekly

Including Tax, Principal & Interest *

*OAC, based on 5 year fixed rate of 2.64%, 25 year amortization, 10% down payment

ORDER NOW *for* EARLY DELIVERY!

A deposit of **$1000** will hold your purchase for early delivery or possession.

Tiny turn key homes installed, with land on a fully serviced lot with lake access to beautiful natural sand beaches, boat launch and dock.

Six additional tiny home models to choose from. Visit our website for complete details:
www.cottagecountry.ca/tinyhomes

TINY HOMES for TINY BUDGETS

NATURAL RENEWABLE RESOURCES / NO PLYWOOD / NO ASPENITE

Tiny homes use natural materials. Reduce your carbon footprint, as well as heating, overhead and maintenance costs.

Grow your own vegetables
Enjoy your own privacy!

In the construction of our tiny homes we supply our own lumber, and engage local suppliers and contractors whenever possible. Cabinets and interior finishes are built in our own workshop. All of our tiny homes meet or exceed Federal and Provincial building and energy codes.

We also offer all sizes and styles of storage and utility buildings, garages, and lodges.

Privacy & everything is nearby

Cottage Country means convenience too. Falls Lake is ideally situated within walking distance to conveniences in Vaughan, 10 minutes from Ski Martock, 15 minutes to Windsor, 40 minutes to Halifax and 50 minutes to the Stanfield International Airport.

Tiny homes may also be purchased separately as a weather tight shell or a kit, and can be delivered or installed anywhere in Nova Scotia.
Visit our website for details:

www.cottagecountry.ca

A limited number of lake access sites are available. A limited number of lakefront and brookside sites are also available at similar savings. **Call today!**

Call today Toll-Free:
1-800-565-LAND (5263)

Acorn
320 sq ft + storage loft & porch



Starting at **$89,900** Plus HST | As low as **$200** bi weekly* Including Tax, Principal & Interest *

Rose Bud
396 sq ft + storage loft & porch



Starting at **$99,900** Plus HST | As low as **$223** bi weekly* Including Tax, Principal & Interest *

Pine Cone
480 sq ft + storage loft & porch



Starting at **$109,900** Plus HST | As low as **$245** bi weekly* Including Tax, Principal & Interest *

Hummingbird
560 sq ft



Starting at **$119,900** Plus HST | As low as **$267** bi weekly* Including Tax, Principal & Interest *

Bird Nest
610 sq ft + porch



Starting at **$129,900** Plus HST | As low as **$289** bi weekly* Including Tax, Principal & Interest *

Willow
880 sq ft



Starting at **$159,900** Plus HST | As low as **$356** bi weekly* Including Tax, Principal & Interest *

TINY HOMES for TINY BUDGETS

Tiny turn key home packages installed, with land on a fully serviced lot with lake access include:

- Building plans and permits
- Poured concrete slab
- Your choice of drywall or wood interiors
- Ceramic and laminate floors
- Air exchange systems
- Cabinets, custom built, your choice pine, maple, birch, oak
- All plumbing and quality fixtures
- Electric heat
- Light fixture allowance
- Your choice vertical or horizontal wood siding
- Vinyl windows and steel doors
- Asphalt shingles
- Interior trims and doors

Additional Options:

- Site excavation
- Site preparation
- Site planning
- On site septic approval services
- Drilled wells
- Drainage and backfilling
- Additional decks
- Screened in rooms
- Chimneys
- Spray Foam insulation
- Cape Cod Prefinished Wood Siding
- Whirlpool baths
- Wood, pellet or propane stoves and fireplaces
- Hardwood floors
- Cedar roof shingles or metal roofing
- Wood windows and skylights
- Additional windows
- Full concrete basements or frost walls
- Rain gutter
- Heat pump
- Exterior or interior painting
- Landscaping

Cottage Country.ca®
Find absolutely everything in the middle of nowhere.

• Financing available from 5% down OAC. • Prices and interest rates subject to change without notice • Some items as shown may be optional • All prices are HST extra • Other financing options available. Call for details.

1-800-565-LAND(5263) www.cottagecountry.ca

TINY HOMES for TINY BUDGETS

Tiny turn key homes on fully serviced lots

As low as: $89,900 | $200 bi weekly

Including Tax, Principal & Interest*

*OAC, based on 3 year fixed rate of 2.64%, 25 year amortization, 10% down payment

Canadians struggle with price of food

ECONOMY

More people making unhealthy sacrifices: Poll



Matt Kieltyka
Metro | Vancouver

Canadians are overwhelmingly feeling the pinch at the supermarket, according to a new poll.

The survey, conducted by the Angus Reid Institute, found 57 per cent of people across Canada believe it's become more difficult to afford food and feed their families within the last year.

That number goes up in regions that have been gripped in economic turmoil, like Alberta where two-thirds of people say paying for groceries has become more difficult.

What's striking about the findings, said Angus Reid Institute executive director Shachi Kurl, is that squeeze is being felt across all economic spectrums.

"What we found is that regardless of income levels, it is getting harder for people to feed their families and deal with the price of food," Kurl said.

"It's not surprising that people at lower income levels are finding it to be more difficult, but people who are in that middle class level, or even higher, are also replying it is (more difficult). That's something that really stood out."

While economists use job creation and the ups-and-downs of markets as the main telltale on the state of the economy, Kurl said people's thoughts on food prices provide a "basic and visceral" lens into affordability issues.

The growing cost of food has meant the majority of Canadians are altering their spending habits, and not always to their benefit.

Forty-two per cent of respondents admit they've cut back on fruit and vegetable purchases, while 40 per cent say they've chosen less healthy options because they tend to be cheaper.

A vast majority, 71 per cent, says they've switched to cheaper brands in an effort to save money, while 61 per cent of shoppers have cut back on meat due to high prices. Eight per cent of respondents have turned to food banks for help.

Whether prices reach a breaking point is dependent on individuals' circumstances, but the survey found a wide-consensus that elected politicians should be doing more to address food affordability.

Sixty-three per cent believe the issue isn't receiving enough attention from political leaders.

> **Regardless of income levels, it is getting harder for people to feed their families.** Shachi Kurl



More than half of all Canadians say it's become more difficult to afford to feed their households in the last year. Just 4 per cent say it's easier



In addition to switching to cheaper brands when shopping (71%), two in five (40%) say they've been choosing less healthy options in the aisle



Two in three Canadians (63%) say rising food prices haven't been receiving enough attention from Canada's leaders, and more than half (53%) say the issue is "one of the most important" facing the country today

GRAPHICS BY ANDRES PLANA

INTERNET

B.C. tech firm guards virtual worlds from cyberbullies

As online communities come under the attack of cyberbullies, racist speech and spam, a British Columbia tech firm has developed technology to keep the trolls under the bridge.

Community Sift, based in Kelowna, has built digital armour for social media and gaming companies trying to protect their virtual worlds. The chat filter and moderation tool examines real-time website commentary, chat room conversations and banter between game players.

"We're not just talking about four-letter words," said CEO Chris Priebe, a senior programmer and security specialist. "We want to get rid of bullying across the entire Internet."

The firm's technology advances a global campaign against digital abuse in part spurred by the 2012 suicide of Amanda Todd, a teenager from Port Coquitlam, B.C., who was victimized by online sexual exploitation.

"The Amanda Todds of the world, we want to prevent that," said Karen Olsson, the firm's chief operating officer. "We want to be part of the solution."



CEO Chris Priebe and COO Karen Olsson of the Kelowna, B.C. tech firm Community Sift. HANDOUT/THE CANADIAN PRESS

Based on the firm's analysis of four billion messages sorted daily, less than one per cent of social users behave badly yet they're causing the bulk of harm. Offensive material is classified into categories such as bullying, sexting, racism and bomb threats.

The firm has catalogued more than one million phrases used frequently by trolls, for example, "u r so ugly," Priebe said.

The technology takes context into account when identifying toxic behaviour. It combines machine learning and human verification by employing artificial intelligence and 30 language specialists. Priebe said online users are shielded from cyberbullies like anti-virus software protects computers.

"We're looking for social viruses that are causing social destruction of social products and social lives."

About 30 global clients are already using Community Sift. The flexible technology is tailored to client specifications, such as modifying content filters to be age appropriate. THE CANADIAN PRESS

IN BRIEF

Orders for lower-priced Tesla hit 198,000

Demand for Tesla Motors' new lower-priced electric car surprised even the company's CEO Friday as 198,000 people plunked down $1,000 deposits to reserve their vehicles. "Definitely going to need to rethink production planning," CEO Elon Musk said on Twitter. The car starts at $35,000 and has a range of 215 miles per charge, which is more than most people drive each day. THE ASSOCIATED PRESS



metro VIEWS
Your essential daily news
Monday, April 4, 2016

ROSEMARY WESTWOOD
ON A SUDDEN VICTORY FOR ABORTION RIGHTS

Last Thursday came the amazing announcement from P.E.I.'s premier that decades of anti-abortion policies in the province were over — a truly stunning about-face for a province that has long tied itself in knots to placate pro-life voices.



In the end, abortion access in P.E.I. came down to the threat of a lawsuit.

For years, the province's Liberal government had been arguing it was doing right by women, offering to pay for them to have elective abortions at one of two pre-approved hospitals in other provinces. Travel and food costs? Not covered. Never mind lost wages or childcare.

In a stance that hadn't changed (no matter the political stripes of the ruling party) since 1988, when the Supreme Court struck down Canada's abortion law, P.E.I. has been governed by the contrarian Resolution 17. It states "life begins at conception, and any policy that permits abortion is unacceptable" (though it does allow abortions when the mother's life is at risk).

The lawsuit, announced in January and viewed by some as a last-ditch effort, claimed that all this violated P.E.I. women's charter rights. It was expected to drag on for years and run up a $100,000 bill.

But then, last Thursday, came the rather amazing announcement from P.E.I.'s premier that decades of anti-abortion policies in the province were over.

Amazing because the last safe, elective, in-province abortion occurred in 1982. Amazing because a decades-long fight ended with a sudden government announcement.

"Based on legal advice that current policies regarding access to in-province abortion services would likely be in violation of the Canadian Charter of Rights and Freedoms, government determined that the most responsible approach is to revise the policy rather than embark on a long and costly court case," Premier Wade MacLauchlan said. In other words: "Uncle." Just like that.

And in the nick of time: The province had until next Friday to respond to the lawsuit's allegations. The premier himself admitted the suit had forced the government's hand. Abortion access could be up and running by the end of the year, he said.



SAYING 'UNCLE' P.E.I. Premier Wade MacLauchlan announced his government will not fight a legal challenge launched by the group Abortion Access Now JOHN MORRIS/THE CANADIAN PRESS

It is a truly stunning about-face for a province that has long tied itself in knots to placate pro-life voices. It did not offer in-province abortions when Health P.E.I.'s own investigation showed such a move would save money, in 2013. It did not agree to in-province abortions when a Washington-based organization offered to ship in doctors to perform them, in 2014. It did not offer in-province abortions when a 2014 research study found the province's system was harmful to women.

But that research would greatly inform the lawsuit. And the lawsuit would break the camel's back.

Colleen MacQuarrie, an associate professor of psychology at the University of Prince Edward Island, was a teenager when the last elective abortion was performed. She remembers "a very rancorous public campaign of shaming women and eradicating access to safe abortions."

Rancorous, and effective.

But while MacQuarrie has been a feminist activist for years, it wasn't until 2010 that she began to focus on abortion in earnest. She created a community-based research project to investigate the impact of P.E.I's abortion policies over the last 20 years.

She had waited until she had tenure, so that she'd be protected from any political blowback in a fight that she by then understood was political at heart.

That year, 2010, the province created Health P.E.I., a single body responsible for all publicly funded health-care services on the island. Decades earlier, individual "therapeutic abortion committees" at various P.E.I. hospitals had been disbanded under pressure from pro-life groups. But Health P.E.I offered a new, single and effective target for abortion-rights activism.

MacQuarrie describes a swell of community support for her research, which spawned Abortion Access Now PEI, the group that brought the lawsuit, with the support of the national women's-rights non-profit Women's Legal Education and Action Fund (LEAF).

Via interviews, including with two dozen women who had sought abortions, the study revealed that women found the system needlessly complicated and "intensely punishing." Some women were blocked outright from getting abortions, "others self-induced through painful procedures at home," according to a summary of the findings.

"The lawyers drew extensively on the work in the community" to build their case, MacQuarrie said. Her research became legal evidence. And that evidence was so convincing that P.E.I. balked at challenging it in court.

Which means, in the end, it came down to women's voices, carefully collected, forcefully broadcast. "More than once they said, 'I've never told anyone and I'm only telling you this now so it will change for the next woman,'" MacQuarrie said.

P.E.I. had "callously compromised women's health for political expediency," MacQuarrie said, showing it didn't "give a care" about the women's experiences and suffering. But the broad-based and rowing abortion-rights activists on P.E.I. had a single, clearly definable goal. They pursued it doggedly.

And while it seems uncanny, on some level, that such a fierce battle could end with such a simple white flag, it is also instructive. You can lose for decades, and then, spectacularly: You win.

In the end, it came down to women's voices, carefully collected, forcefully broadcast.

Catherine McKenna's candid talk on carbon is blunt for a politician



Tim Harper

You can leaf through a calendar and point to a number of spots where a Liberal government seemingly on cruise control is heading for some heavy weather.

You can choose assisted suicide or electoral reform or the future of health care — but if you bet on a national carbon pricing regime and a battle over a pipeline heading east from Alberta as the toughest challenges in the near-term you would probably win a few bucks.

Catherine McKenna, the federal environment minister, made that clear at the just-concluded Broadbent Institute's Progress Summit where she delivered the type of blunt talk one doesn't come to expect from politicians.

She sat on a panel with two other women — and that in itself was both notable and positive. Alberta environment minister Shannon Phillips and Vancouver city councillor Andrea Reimer joined her and they all spoke of collaboration, respectful discussion and "tantrum-free zones" as the way ahead on climate change.

But Phillips reminded the Ottawa crowd that people are hurting in her province, that $10 billion in royalty revenues have disappeared, that good-paying oilpatch jobs are gone, that homes and vehicles are being lost, that domestic violence is rising and charitable donations are down.

McKenna wants to lead the transition to a low-carbon economy, but she is dealing with diverse provincial economies, raw political sensibilities and those in the oilpatch who are not just hurting economically but are starting to believe this Liberal government would just as soon leave the bitumen in the ground and move ahead without them.

"I'm a realist on this. There are a lot of people who have lost jobs in Alberta," McKenna said. "That doesn't mean we destroy our planet, but we need to be thoughtful of how we move forward."

And she also realistically told the audience that there are still many Canadians who don't see climate change as a threat.

The federal government is the regulator and it can impose its carbon will on the provinces, but bringing the federal hammer down is a great way to split the country, McKenna knows.

"If we do something overnight that has a huge, immediate dislocating effect on the economy where tons of people lose jobs, I'm losing everyone. I'm losing them," she said.

And she acknowledged the political dynamite her government is handling.

"I get nervous about the way the conversations sometimes go, that it's east versus west," she said. "There will be hard conversations."

Here's hoping they are also "tantrum-free."

Tim Harper is a national affairs columnist for the Toronto Star.

metro
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

MANAGING EDITOR HALIFAX
Philip Croucher

ADVERTISER INQUIRIES
adinfohalifax@metronews.ca
General phone 902-444-4444

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan



Philosopher cat now at
www.mymetrostore.ca

metro LIFE
Your essential daily news



Demi Lovato and Caitlyn Jenner win GLAAD Media Awards

When the moment's expected

BIG WINNER

The Weeknd takes home five trophies at Juno Awards



Aaron Chatha
Metro | Calgary

As far as weekends go, the Weeknd had a great one.

The Ontario-born performer, pictured below, took home five Juno Awards, including single of the year and album of the year.

Notoriously media shy — he didn't even show up at the Saturday night gala where he won his first three awards, and declined to speak to press during the broadcast awards on Sunday — Abel Tesfaye's fans couldn't be silenced.

Waves of applause followed his acceptance speeches and mid-show performance where he sang a medley of Acquainted and Might Not — for the first time on television.

The crowd's enthusiasm was apparent during the night, but especially during newcomer Alessia Cara's performance of her hit single Here. The 19-year-old performed the song amid a tableau of performers set against the tepid house party described in her lyrics.





Alessia Cara performs at the Juno Awards In Calgary. ALL PHOTOS: CANDICE WARD/FOR METRO

Cara took home the breakthrough artist of the year award. Of the nominees, which included Scott Helman and Francesco Yates, Cara was the most searched name on Google in the past year.

The evening was hosted by Jann Arden and Jon Montgomery. Arden played up her Calgary heritage, even joking about getting kicked out of the Saddledome before, and disappearing during the awards, at which point Montgomery cut to a video of Arden having to pick up the award statuettes and racing to get back to the broadcast.

Although the pair generated their share of laughs, the limelight belonged to Walk Off The Earth — specifically, the son of one of the band members who was brought on stage when they won group of the year.

The little boy was sporting stylish pink and orange ear buds, presumably because the venue was so loud.

The other big award given out during the Sunday broadcast was country album of the year, presented by rapper Kardinal Offishall and Indian-Canadian comedian Jus Reign, who made light of the fact they knew little about country music. Dean Brody won the award for Gypsy Road.

The award show packed the Scotiabank Saddledome, and saw a bevy of Canadian music starts filter into the Calgary venue.

WINNERS

Many of the awards were handed out at a Junos Gala Saturday night.

- Justin Bieber took pop album of the year for Purpose and Drake won rap recording of the year for If You're Reading This It's Too Late.
- Death from Above 1979 won rock album of the year for The Physical World, the band's first studio release in a decade after breaking up for several years.
- Vancouver husband-and-wife duo Dear Rouge were chosen as breakthrough group of the year.
- Cree singer/songwriter Buffy Sainte-Marie's latest Power in the Blood claimed two awards for aboriginal album and contemporary roots album of the year.

THE CANADIAN PRESS

NEWS 95.7™
Halifax's Home for Blue Jays™ Baseball.
TORONTO BLUE JAYS

Now that Annick is consumer-debt free, will she make good money choices? **Metro's finance guru Lesley-Anne Scorgie** has only a few weeks left to hammer home the financial wisdom she's trying to share with Annick and Yolanda.

Annick crushes consumer debt



LESLEY-ANNE SCORGIE
metro*money*

THE CHALLENGE: Annick, 24 and from Calgary and Yolanda, 27 and from Mississauga, have only two weeks left in Metro's 12-week financial Makeover. Financial guru Lesley-Anne Scorgie is helping these women break bad financial habits, eliminate their debt and start saving and investing for the future. Can these young women reach their net worth goals (assets minus liabilities)? Follow us @LesleyScorgie #MetroMoneyMakeover

THIS WEEK: Annick finally gets a financial break. Unlike previous years in which she's had to pay Canada Revenue Agency, after filing her taxes for 2015, she's received a sizable refund.

NEXT WEEK: Yolanda and Annick have overhauled their finances, but has it been enough to steer their financial ships in a better direction? We're going to showcase their money milestones and identify financial pitfalls they'll need to avoid as we conclude the Metro Money Makeover



Annick is all smiles after decimating her consumer debt. JENNIFER FRIESEN/METRO CALGARY

THE SITUATION

It's almost enough to bring someone to tears — the day they become debt free. Minus her student loan, that happened for Annick late last week!

She's been lugging around thousands of dollars in loans and credit card balances for years due to the high costs of her education, setting up her home here in Canada (she's originally from the Democratic Republic of Congo), a few too many splurges on shoes and concert tickets (Beyoncé being the latest), and dealing with Alberta's rotten economy.

H&R Block's Caroline Battista agreed to meet with Annick about her taxes a few weeks ago and quickly uncovered unused tuition credits from 2012.

When combined with her contributions to her group RRSP through work and other applicable tax credits, a refund of $2,780 was issued to Annick.

The government immediately clawed back $280 of the refund because of last year's taxes owing.

But with the remaining $2,500, Annick hasn't wasted a single moment.

She's paid off her credit card balances of $1,675 and other loans totalling $350. This has left her with $475 from which she can apply the one third rule: 1/3 to savings, 1/3 to her student loan and 1/3 to spend how she wishes.

THE LESSON

The moment a person becomes consumer debt-free, their monthly cash flow transforms.

In Annick's case, she was ploughing $750 to $900 per month towards her debts and now she can use that money towards other goals such as building a down payment for her first home or eventually returning to school to complete graduate studies in business.

$ NET WORTH

Assets	Dec.	April
RRSP	350	1,000
Total Assets	**$1,000**	
Liabilities		
Student Loan	58,800	58,200
Visa	1,500	0
MasterCard	650	0
Other Loans	1,600	0
Taxes	250	0
Total Liabilities	**($58,200)**	
Net worth	**($57,200)**	

Rather than waking up with the weight of financial worry on her chest, she can start dreaming about her future.

The next three months will be critical for Annick. The temptation to spend her newfound cash flow is huge. It's generally the period of time in which a person either reverts back to old, and unhealthy, financial habits, or they learn the lessons permanently and never return.

The unknown for Annick is whether she's suffered enough financial hardship to learn that financial freedom only comes to those who are willing to work for it and to those who don't repeat the same financial mistakes.

LESLEY-ANNE SCORGIE IS A BESTSELLING AUTHOR AND FOUNDER OF MEVEST, A MONEY COACHING SERVICE FOR CANADIANS. FOLLOW HER @LESLEYSCORGIE

There are hidden costs to home ownership

PROS AND CONS

Dispelling the myth that renters are wasting money

Gail Vaz-Oxlade
For Metro Life



Home ownership may have been sold as the Canadian dream, but it's not for everyone.

So how do you know if ownership is the thing for you or if renting will serve your needs the best? First, have you got the cash flow to make home ownership work?

When people say that home ownership costs the same as renting they're talking out their hats.

I live in a fully-paid-for home and it cost me $1,400 a month to carry my house in 2015.

There are property taxes, insurance, utilities and maintenance. Ah, maintenance, the part of the equation everyone wants to sweep under the rug. But if you do, you shouldn't be surprised when your most expensive indulgence comes tumbling down around your ears.

Do the math:

1. Figure out what you'd likely spend to buy a place of your own.



ISTOCK

2. Calculate the mortgage payment.
3. Add in the property taxes (monthly, you can estimate $400), utilities (need an estimate? Try $250/mo.), property insurance (I pay about $120/month) and maintenance (estimate $400/month for now, it probably needs to be more, but that's a start). That's what it'll cost you to carry your new home.
4. Subtract the rent you're currently paying and put the difference into a high-interest savings account every single month.

If you can do that without missing a step — and that means not using your credit card or line of credit or overdraft protection to fill the gap — then you're ready to start planning for home ownership.

If not, keep renting. Next, think about whether you want to put down roots or like being able to pick up and go when the opportunity arises. Is relocating for work a thing you'd consider? If so, the costs of buying and selling may be prohibitive.

The sales commission, closing costs, legal fees and land transfer taxes can wipe out any equity you've built up, assuming the market has been going up in your area.

And if the market has taken a turn for the worse just when you're pulling up roots, you'll have to swallow the loss.

It's time to stop thinking that people who don't have home ownership as a goal are lacking in ambition, unmotivated, or lower than the belly of a snake. Sure, home ownership works for some people. For others, it doesn't, plain and simple.

For more money advice, visit Gail's website at gailvazoxlade.com





JOHANNA SCHNELLER
WHAT I'M WATCHING

A brilliant combo of murder and humour

THE SHOW: American Crime Story: The People v. O.J. Simpson, Season 1, Episode 9 (FX)
THE MOMENT: The would-be screenwriter

A dozen high-priced attorneys for accused murderer O.J. Simpson sit at a conference table discussing new evidence: A woman in North Carolina has interview tapes of L.A. police detective Mark Fuhrman making racist remarks. The camera pans from speaker to speaker.

"Why didn't she sell them to the media?" asks Robert Shapiro (John Travolta).

"She'd rather sell her screenplay," replies Robert Kardashian (David Schwimmer). "She's a wannabe screenwriter. She couldn't make a living in L.A., so she moved to North Carolina to teach screenwriting."

"I don't understand," says Barry Scheck (Rob Morrow), who's from Boston — the only out-of-towner in the room. "How can you teach screenwriting if you can't sell a script?"

The camera swoops up to look down on the whole table, as everyone answers his question at once: "Ah, come on, happens all the time," etc.

This moment filled me with cackling delight. A Hollywood punchline, in the middle of a deadly serious development — that is the kind of brilliance this show delivers week after week.

The scene is both a private joke for real screenwriters, and a piece of biting commentary: Everyone wants what L.A. offers, even if they have to move somewhere else to imitate it.

Similarly, this series is both a thoroughly reported account of the Simpson trial, and a contemporary everystory about how our stubborn opinions and reverence for fame willingly blind us to facts. (Donald Trump, anyone?).

Sadly, the last episode airs Tuesday. I'm going to miss it like a person.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Netflix to crack down on virtual border-hopping



Netflix is tired of scofflaws streaming its original shows, such as **Unbreakable Kimmy Schmidt,** for free. ERIC LIEBOWITZ/NETFLIX

STREAMING

Third-party firm may target pirates, private networks

Canadian Netflix subscribers are the only ones who can't peek into the halls of Degrassi: Next Class. Viewers in Africa and Turkey can't see how the prisoners at Litchfield penitentiary are faring in Orange is the New Black.

Not all Netflix libraries were created equal due to international copyright and content licensing restrictions.

Some web-savvy folks have overcome those obstacles by streaming pirated content for free or using a virtual private network (VPN) to trick Netflix into streaming the shows and movies available in another country.

But it seems Netflix is tired of it. The company is cracking down on piracy and digital border hopping amid a global expansion. Netflix has reportedly hired Vobile Inc., a company that helps firms protect their original content on the web, to tackle its piracy woes. Over roughly the past four months, Vobile filed more than 350 takedown notices to Google, according to Lumen, a Harvard project studying online content takedown requests. The notices ask Google to remove suspected URLs from search results.

These requests pinpointed more than 96,000 URLs, according to Google's transparency report, many of which host streams to Netflix's original shows like House of Cards. Vobile did not respond to request for comment. But both Lumen and Google connect Vobile to the copyright owner Netflix2.

Netflix also seems to have stepped up its efforts to prevent customers from using VPNs.

"In coming weeks, those using proxies and unblockers will only be able to access the service in the country where they currently are," David Fullagar, Netflix's vice-president of content delivery architecture, wrote in January.

THE CANADIAN PRESS





metro SPORTS



North Carolina will look for its sixth NCAA title when the Tar Heels meet the Villanova Wildcats, trying for their second, on Monday night

Strong start in St. Pete

OPENING DAY

Stroman goes eight strong as Blue Jays get victory No. 1

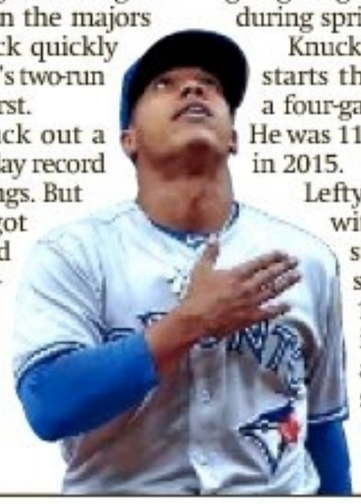
Marcus Stroman outpitched Chris Archer in his first opening day start, helping the Toronto Blue Jays begin defence of their first AL East title in 22 years with a 5-3 victory over the Tampa Bay Rays on Sunday.

Stroman allowed three runs and six hits over eight-plus innings for the Blue Jays, who won 93 games in 2015 before making a run to the AL Championship Series in their first playoff appearance since 1993.

Troy Tulowitzki hit the first home run of the 2016 MLB season, a two-run shot for Toronto. Edwin Encarnacion had two hits and drove in two runs after not having an at-bat in a major league exhibition all spring training because of injuries.

The Blue Jays, the highest-scoring team in the majors last year, struck quickly on Encarnacion's two-run single in the first.

Archer struck out a Rays opening-day record 12 in five innings. But Encarnacion got him early and Kevin Pillar added an RBI single in the fourth.



Marcus Stroman GETTY IMAGES

SUNDAY At Tampa Bay

5	3
JAYS	RAYS

The right-hander limited the Blue Jays to five hits, but walked three during a 107-pitch outing.

Evan Longoria had two hits and drove in Tampa Bay's first run with a third-inning single. Off-season acquisition Corey Dickerson added a solo homer off Stroman leading off the ninth and Kevin Kiermaier drove in the final run charged to the starter with a bloop single off Roberto Osuna.

Osuna got the last three outs for the save.

At 24 years, 338 days old, Stroman became the third-youngest pitcher to make an opening day start for the Blue Jays. He earned the assignment after making just four starts, going 4-0 with a 1.67 ERA, in 2015, when he missed most of the season after undergoing surgery on his left knee during spring training.

Knuckleballer R.A. Dickey starts the second game of a four-game series Monday. He was 11-11 with a 3.91 ERA in 2015.

Lefty Drew Smyly, 5-2 with, 3.11 ERA in 12 starts last season, starts Monday. He's 1-0 with a 1.10 ERA in five career appearances, including two starts, against Toronto.

THE ASSOCIATED PRESS



Troy Tulowitzki hit his first home run of the season in Sunday's season opener in St. Petersburg, Fla. BRIAN BLANCO/GETTY IMAGES

IN BRIEF

Left-hander Liriano lifts Pirates with arm and bat

Francisco Liriano tied a Pirates opening day record by striking out 10 and singled home the first run of the season for good measure, sending Pittsburgh past the St. Louis Cardinals 4-1 on Sunday.

Liriano allowed just three hits and walked five in six shutout innings.

THE ASSOCIATED PRESS



Francisco Liriano GETTY IMAGES

Keuchel returns to Bronx after wild-card gem

When Dallas Keuchel last took the mound at Yankee Stadium, he pitched six scoreless innings on short rest to lead the Houston Astros over New York and ace Masahiro Tanaka in the AL wild-card game.

The AL Cy Young Award winner returns Monday for a rematch as New York hosts Houston on Opening Day.

"It's fitting coming off the wild-card game. It's a similar matchup from the last time we played there," Houston manager A.J. Hinch said. "The magnitude of playing the New York Yankees on Opening Day should be pretty fun for these guys."

THE ASSOCIATED PRESS



Hayley Wickenheiser shoots during practice on Sunday in Kamloops, B.C. RYAN REMIORZ/THE CANADIAN PRESS

WOMEN'S HOCKEY

Olympic implications in Kamloops

The Winter Olympics in 2018 feel like they're coming sooner to players on the Canadian women's hockey team.

The players invited to try out for the team attempting to defend gold in Pyeongchang, South Korea, and win a fifth Olympic title in a row will be revealed a year from now.

General manager Melody Davidson and the coaching staff expected to be announced this year will have a fairly clear picture heading into the 2017 women's world hockey championship in Plymouth, Mich., of the players they want for 2018.

Those players will be named shortly after the final in Plymouth. The Canadians will start training full time for Pyeongchang in the summer of 2017.

So the 2016 women's world championship concluding Monday in Kamloops, B.C., and November's annual Four Nations Cup are significant tournaments for Canadian players. If you're not on those rosters, you're not showcasing yourself on the international stage.

"There really is only a couple more tournaments before the roster is announced," defenceman Brigette Lacquette said. "It's exciting to think about."

Lacquette, a 23-year-old from Mallard, Man., and forward Bailey Bram of Ste. Anne, Man., are on Canada's roster in Kamloops.

They were among the 27 players summoned to Calgary in 2013 to train full time in the months leading up to the 2014 Winter Olympics in Sochi, Russia.

The Canadian team's "centralization" season is a gruelling six to seven months of non-stop games, practices, dryland training and drills designed to push players to their breaking points and get them battle-ready for the Olympic Games.

Lacquette and Bram were cut from the 2014 Olympic team as the roster was whittled down to 21 players. As devastating as it was to watch their teammates head to Sochi without them, the experience jump-started both women on the road to 2018.

THE CANADIAN PRESS

Go to metronews.ca for coverage of Sunday night's semifinal between Canada and Finland .

IN BRIEF

Busch ends victory drought
Kyle Busch pulled away on a restart with 11 laps to go and outran AJ Allmendinger to the finish for his first NASCAR Sprint Cup Series victory at Martinsville Speedway, and a sweep of the two-race weekend.

Busch, who won for the first time in 31 starts at Martinsville in a truck race on the 0.526-mile oval on Saturday, dominated in the premier division in cool temperatures that never let the track get as sticky as usual.
THE ASSOCIATED PRESS

Rosberg keeps rolling on
Mercedes driver Nico Rosberg became the eighth man in Formula One history to win five consecutive races with victory at the Bahrain Grand Prix Sunday, and will now aim to do what the other seven did: capture the championship title.

Rosberg made it back-to-back wins to start the new season, and five in a row dating to 2015, capitalizing on an early collision involving Lewis Hamilton and an engine failure for Ferrari's Sebastian Vettel. THE ASSOCIATED PRESS

More Miami joy for Djokovic
Novak Djokovic won a record-tying sixth Key Biscayne title and his third in a row Sunday, beating Kei Nishikori 6-3, 6-3 in the Miami Open final.

The top-ranked Djokovic improved to 28-1 this year. His only loss came when he retired during his quarterfinal against Feliciano Lopez in Dubai with an eye infection. Djokovic won his 28th ATP Masters title, breaking the record he shared with Rafael Nadal.
THE ASSOCIATED PRESS

Service Directory
To advertise contact 421-5824

April 4

FINANCIAL

credit700.ca
$750 Loan and more
No credit check
Open 7 days from 8 to 8 (EST)
Call us or apply online
1-855-527-4368
www.credit700.ca

HOME HEATING

Heat Pumps from $33/mth
Nova Scotia Power On Bill Financing
Heat Pump Guys
902-444-7870
Halifax | Dartmouth
Sackville | HRM

MOVERS

ABLE MOVERS
• Free In Home Quote
• Insured Professional Service
Call today for your free estimate!
471-9733

APARTMENTS

APARTMENT FOR RENT
30 SPRINGHILL RD. DARTMOUTH
Spacious 1, 2 & 3 br apartments in prestigious location.
Heat/HW & Parking included
$550 - $700
902-489-5868 • halifaxapartmentrentals.ca

DINING

Anna's Cafe & Grill
"The best home-made food in Halifax!"
OPEN 8AM FOR BREAKFAST
CHECK OUR DAILY LUNCH SPECIALS

For those without a Metro, the forecast calls for "I dunno" with a slight chance of "Huhhh?"
metro

Foxes give cheers to captain Morgan

SOCCER

Leicester keeps unlikely run to Premier League crown going


Leicester captain Wes Morgan celebrates after scoring his first goal of the season Sunday. BEN STANSALL/AFP/GETTY IMAGES

After a fourth successive 1-0 victory sent Leicester into a seven-point lead, some giddy fans started to unfurl Premier League "champions" scarves in the King Power Stadium.

Although there are still six games remaining after Sunday's gritty win over Southampton, celebrations are already underway in this unassuming central England town.

When you've experienced the roller-coaster of emotions endured by followers of Leicester, it is little wonder they can't wait for the unlikeliest of Premier League title parties next month. Exactly a year ago, Leicester was braced for relegation while stranded seven points from safety at the bottom of the Premier League.

The standings on Sunday showed Leicester seven points clear at the right end, looking down on Tottenham and Arsenal, and Manchester rivals City and United.

Leicester captain Wes Morgan secured Sunday's victory with his first goal of the season on the eve of the first anniversary of the start of the great escape.

It was the April 4, 2015 triumph over West Ham that sparked a startling resurgence for the Foxes. Six of the final nine games of last season were won as Leicester not only beat the drop but gained the confidence that has been carried into this season.

But like so often in recent weeks it was a nervy 90 minutes on the pitch as Leicester ground out another slender win and top-scorer Jamie Vardy went a sixth game without scoring.

Leicester defender Danny Simpson had a lucky escape when his raised right arm blocked a shot in the penalty area and no spot kick was awarded. Compounding the grievances for Southampton fell behind in the 38th minute when Morgan met Christian Fuchs' cross with a powerful header.

"I've been getting a lot of stick because I haven't scored all season," said the defender. "The boys, to keep them quiet, to shush them up is fantastic."

The mission for Foxes manager Claudio Ranieri now is to quieten all the title-talk.

"We must stay with our feet on the ground because ... all the matches are very, very tough, very difficult," he said.

Man United remains 16 points adrift of Leicester in fifth place after beating Everton 1-0 in Sunday's other game, Anthony Martial the scorer.
THE ASSOCIATED PRESS

EPL TOP SIX

	GP	W-D-L	Pts.
Leicester	32	20-9-3	69
Tottenham	32	17-11-4	62
Arsenal	31	17-7-7	58
Man. City	31	16-6-9	54
Man. Utd	31	15-8-8	53
West Ham	31	13-12-6	51

Champions League
Europa League

CRICKET WORLD CUP

England bedeviled by 6-6-6-6

Carlos Brathwaite struck four straight sixes in the last over of the World Twenty20 final to seal a stunning four-wicket win for West Indies over England on Sunday.

West Indies needed 19 runs in the 20th over which Brathwaite (34 not out) provided in style by smashing Ben Stokes for sixes off the first four balls.

Brathwaite ensured that hard work put in by Marlon Samuels, who struck 85 not out off 66 balls with nine fours and two sixes, did not go to waste, with Stokes appearing inconsolable at the end of the game.

West Indies finished on 161-6 in 19.4 overs after restricting England to 155-9, when Brathwaite took 3-23.

West Indies' players rushed on to the ground to celebrate and then broke into an impromptu jig after becoming the first team to win the World Twenty20 title on two occasions, after success in 2012.

"It's something we'll cherish for a long time," West Indian captain Darren Sammy said after a momentous triumph.

"Every game somebody stepped up. It was good to see Carlos play like that in his debut World Cup. It shows the T20 depth we have in the Caribbean."
THE ASSOCIATED PRESS

> **We put ourselves in a position to win the game.**
> Eoin Morgan, England captain

RECIPE Thai chicken curry



PHOTO: MAYA VISNYEI



Ceri Marsh & Laura Keogh
For Metro Canada

If you can get your hands on fish sauce, it really does make a difference in the depth of flavour in this (and many other) creamy, not-too-spicy curry.

Ready in
Prep time: 5 minutes
Cook time: 30 minutes

Ingredients
- 3 Tbsp vegetable or coconut oil
- 3 Tbsp curry paste
- Pinch ground cumin and ground coriander
- 1 1/2 cups (350 ml) coconut milk
- 1 1/2 lb (750g) chicken thighs or breasts, cut into chunks
- 2 Tbsp sugar
- 2 Tbsp fish sauce
- 1 Tbsp lime leaves (optional)
- 2 Tbsp peanut butter
- Pinch salt
- Fresh coriander, chopped
- Lime wedges, to serve

Directions

1. Heat the oil in a large frying pan. Fry the curry paste and spices for a couple of minutes

2. Add 1/3 of the coconut milk and reduce the heat. Add the chicken and stir until the spices and milk combine.

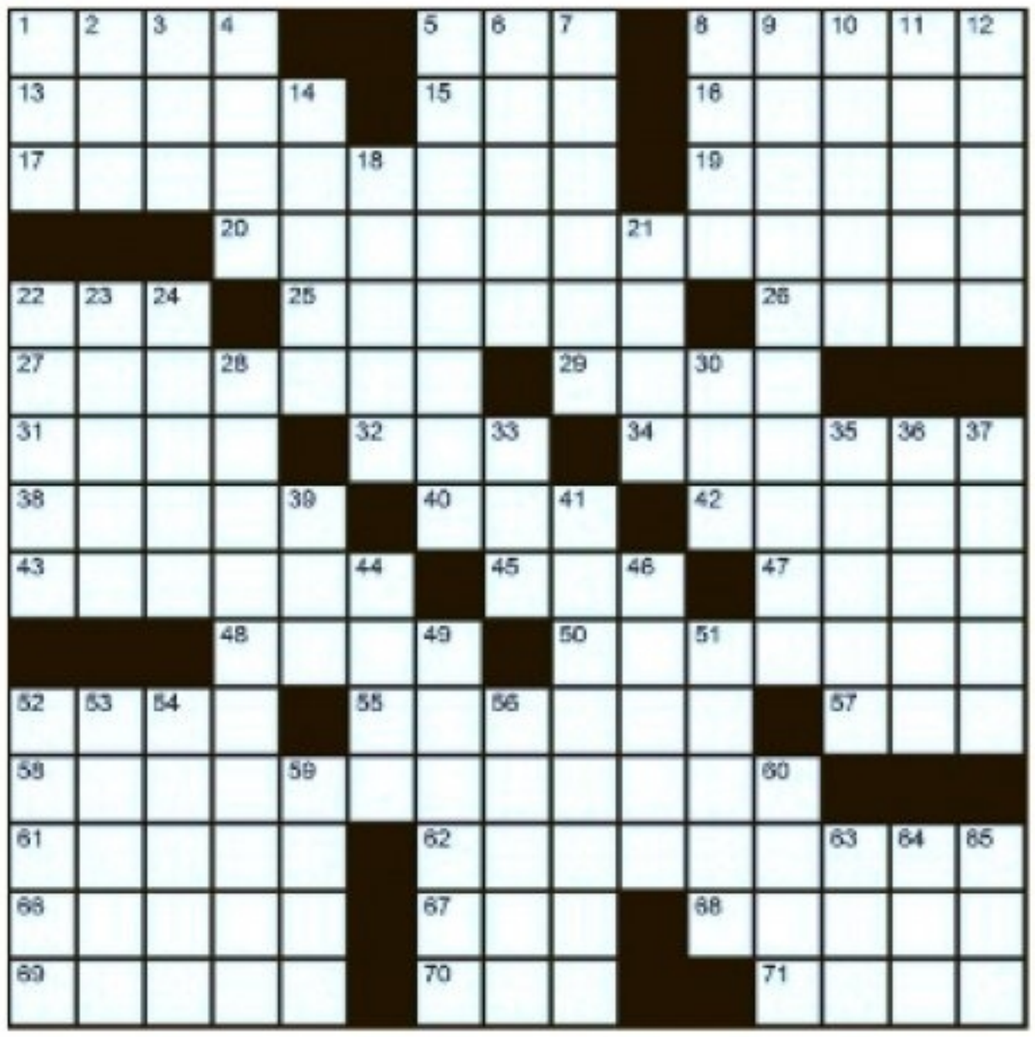
3. Add the remaining coconut milk then stir in the sugar, fish sauce and lime leaves. Bring the sauce to the boil, simmer for a few minutes then add the peanut butter and salt.

4. Simmer for 20 minutes. Garnish with the chopped coriander and serve with the lime wedges.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Unfeeling
5. One of WWW's Ws
8. Ms. Bombeck's
13. Burning
15. Plastic __ Band
16. Pastoral print
17. Lululemon selections: 2 wds.
19. House of Henry VIII
20. Hotel casino in Las Vegas: 2 wds.
22. Word variety, briefly
25.British soap opera, to fans
26. "__ Rebel" by The Crystals
27. Disney 'work' song
29. Have __ '__' (Know 'somebody')
31. Earth goddess in Das Rheingold
32. Vienna is its cap.
34. Tip-offs
38. New World citizens, e.g.
40. Canuck band, __ 41
42. Contempt
43. "Zip-a-Dee-__-__"
45. __-Oil (Skin-care brand)
47. Bout ender, commonly
48. Old Testament bk.
50. "I Don't Feel Like Dancin'": __ Sisters hit
52. For instance, __ example
55. Wretched
57. Demolition blaster
58. Quebec headquarters of hardware chain Rona
61. Prefix to 'plasty' (Blood vessel procedure)
62. Band member's post-breakup venture: 2 wds.
66. Urals uh-uhs
67. __ out (Just manage)
68. Dainty denial
69. Screen legend Mr. Cooper's
70. Mr. Cruz
71. Gladiator's 1104

DOWN
1. Thwarter's vote
2. Martian's mini maneuveree
3. Aircraft in "Top Gun" (1986)
4. Talk big
5. Fantastic
6. Participate
7. __ and Herzegovina
8. Shakespeare: "__ __, Brute?"
9. Calgary __ (National Lacrosse League team)
10. Moose's girlfriend in Archie Comics
11. A Lesson from __ (Athol Fugard play)
12. Bed company
14. Era
18. 1973: "Elvis: __ from Hawaii"
21. "99 Luftballons" band
22. Out front
23. Skin doctor, fun-style
24. 'V' in VCR
28. Winnipeg neighbourhood; or, nickname of St. Catharines, Ontario: 2 wds.
30. French pronoun
33. Li'l long sandwich
35. Oven-made meal
36. See if the shirt is the right size: 2 wds.
37. Huff
39. Jazz instrument, commonly
41. Placed the 'Z' papers in the 'Y' folder
44. __ Sound (Fjordy locale on BC's coast northwest of Vancouver)
46. Eye-related prefix
49. Cape __, Nunavut
51. __ __ ease (Jittery)
52. Go out with __ (Depart with flair)
53. 1869: Character in War and Peace by Leo Tolstoy, __ Rostova
54. Boring tool
56. Conjure up
59. Brother on "Bonanza"
60. __ round (Tournament part)
63. Graduate's degree, e.g.
64. Single
65. Network in Dire Straits' "Money for Nothing"

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Tread carefully today, because people are quarrelsome. Don't lose your temper or be self-indulgent with your emotions. Stay chill.

Taurus April 21 - May 21
Relations with a female friend or a member of a group are dicey today, because emotions are hot and unstable. Arguments will break out easily. Avoid important topics.

Gemini May 22 - June 21
Do not go toe to toe with an authority figure today, because you will regret it. Meanwhile, if someone overreacts with you, don't impulsively quit your day job. Be cool.

Cancer June 22 - July 23
Avoid controversial subjects like politics, religion and racial issues today, because people are quick to argue. You have to know when to hold and when to fold.

Leo July 24 - Aug. 23
Disputes about shared property, inheritances and financial issues are emotionally loaded today. Postpone these talks for another day.

Virgo Aug. 24 - Sept. 23
Be patient with partners and close friends, because arguments can break out easily today. That's because the Moon is at odds with fiery Mars, and everyone is looking for a fight.

Libra Sept. 24 - Oct. 23
Relations with co-workers will be challenged today. You will be best off by keeping your head down and your powder dry.

Scorpio Oct. 24 - Nov. 22
Parents need to be patient with their kids today, because everyone is prickly and inclined to argue. It's good to know that patience is the antidote to anger.

Sagittarius Nov. 23 - Dec. 21
The Moon is at odds with Mars in your sign today, which means family arguments could break out, especially with females. This won't happen if you keep your breezy sense of humour.

Capricorn Dec. 22 - Jan. 20
Don't be quick to argue with others today, especially siblings, relatives and neighbors. Arguments over sales agreements and negotiations might occur. Stay chill.

Aquarius Jan. 21 - Feb. 19
You might be distressed today about money or something you own, which could lead to an argument with someone. But will this solve anything? Try to relax.

Pisces
Feb. 20 - March 20
Today the Moon is in your sign at odds with Mars at the top of your chart, which is a sure indication of arguments with parents, bosses and VIPs.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		3		1			4	
	2					3		9
1			2		7		8	
		5		8		4		
3			4		5			7
		9		7		1		
	8		9		3			1
4		6					5	
	1			6		2		

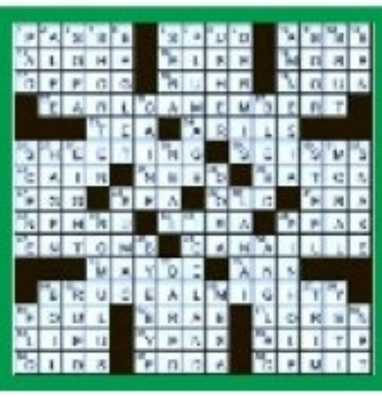
©2014 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

metro
Tell us how you really feel.
Join our online reader panel and help make your Metro even better. metronews.ca/panel

FRIDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



5	9	2	1	4	8	3	7	6
3	8	4	7	6	9	5	2	1
1	7	6	5	2	3	8	4	9
7	2	5	4	3	1	6	9	8
6	4	9	8	5	2	1	3	7
8	3	1	9	7	6	2	5	4
9	5	8	3	1	7	4	6	2
2	1	3	6	9	4	7	8	5
4	6	7	2	8	5	9	1	3

MAZDA'S SHIFT INTO SPRING EVENT

GET AIR MILES® Reward Miles AT STEELE MAZDA



2016 MAZDA3 G

LEASE FROM **$85*** BW

$0 DOWN

EXPLORE THE ROADS THIS SPRING WITH

NO CHARGE NAVIGATION + 0% PURCHASE FINANCING

ON SELECT 2015/2016 MODELS

2016 MAZDA CX-3 CANADIAN UTILITY VEHICLE OF THE YEAR

AJAC www.ajac.ca

AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA



2016 CX-3 GX

LEASE FROM **$129*** BW

$0 DOWN

2016 CX-5 GX

LEASE FROM **$139*** BW

$0 DOWN

LAST CHANCE TO SAVE $3,000 ON 2015 MAZDA3'S + GET 1000 MILES!

MAZDA GRADUATE PROGRAM Extra $500 Off! Ask for details.

1ST TIME OWNERS PROGRAM

Mazda UNLIMITED MILEAGE WARRANTY

ONLY AT STEELE MAZDA!

15 LANSING COURT
DARTMOUTH, NS
LOCAL: 902-982-3897
TOLL FREE: 1 888-496-2923
WWW.STEELEMAZDA.COM

Steele MAZDA

*™ Trademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Co. and Steele Mazda. *HST extra, OAC. See dealer for details.